

There is none who does good,  
No, not one.

- 4 Have the workers of iniquity  
no knowledge,  
Who eat up my people as they  
eat bread,  
And do not call upon God?  
5 There they are in great fear  
Where no fear was,  
For God has scattered the  
bones of him who encamps  
against you;  
You have put them to shame,  
Because God has despised  
them.

- 6 Oh, that the salvation of Israel  
would come out of Zion!  
When God brings back the  
captivity of His people,  
Let Jacob rejoice and Israel be  
glad.

PSALM 54

Answered Prayer for Deliverance  
from Adversaries

To the Chief Musician. With stringed  
instruments. A Contemplation of David  
when the Ziphites went and said to  
Saul, "Is David not hiding with us?"

SAVE me, O God, by Your  
name,  
And vindicate me by Your  
strength.

- 2 Hear my prayer, O God;  
Give ear to the words of my  
mouth.  
3 For strangers have risen up  
against me,  
And oppressors have sought  
after my life;  
They have not set God before  
them. *Selah*  
4 Behold, God is my helper;  
The Lord is with those who  
uphold my life.  
5 He will repay my enemies for  
their evil.  
Cut them off in Your truth.  
6 I will freely sacrifice to You;  
I will praise Your name, O  
LORD, for it is good.  
7 For He has delivered me out of  
all trouble;  
And my eye has seen its desire  
upon my enemies.

4 Jer. 4:22

5 Lev. 26:17,  
36; Prov. 28:  
1

6 Ps. 14:7  
1Or His cap-  
tive people

PSALM 54

Hille 1 Sam.  
23:19

4 I sustain my  
soul

5 I Destroy  
them 2Or  
faithfulness

7 Ps. 59:10

PSALM 55

2 Is. 38:14;  
59:11; Ezek.  
7:16 1wander

3 2 Sam. 16:  
7, 8

4 Ps. 116:3

9 Jer. 6:7  
1speech,  
Counsel

12 Ps. 41:9  
bPs. 35:26;  
38:16

13 2 Sam.  
15:12

PSALM 55

Trust in God Concerning the  
Treachery of Friends

To the Chief Musician. With stringed  
instruments. A Contemplation of David

GIVE ear to my prayer, O God,  
And do not hide Yourself  
from my supplication.

- 2 Attend to me, and hear me;  
I am restless in my complaint,  
and moan noisily,  
3 Because of the voice of the  
enemy,  
Because of the oppression of  
the wicked;  
For they bring down trouble  
upon me,  
And in wrath they hate me.  
4 My heart is severely pained  
within me,  
And the terrors of death have  
fallen upon me.  
5 Fearfulness and trembling have  
come upon me,  
And horror has overwhelmed  
me.  
6 And I said, "Oh, that I had  
wings like a dove!  
For then I would fly away  
and be at rest.  
7 Indeed, I would wander far off,  
And remain in the wilderness. *Selah*  
8 I would hasten my escape  
From the windy storm and  
tempest."  
9 Destroy, O Lord, and divide  
their tongues,  
For I have seen violence and  
strife in the city.  
10 Day and night they go around  
it on its walls;  
Iniquity and trouble are also in  
the midst of it.  
11 Destruction is in its midst;  
Deceit and guile do not depart  
from its streets.  
12 For it is not an enemy who  
reproaches me;  
Then I could bear it.  
Nor is it one who hates me  
who has magnified himself  
against me;  
Then I could hide from him.  
13 But it was you, a man my  
equal,  
My companion and my  
acquaintance.

We took sweet counsel  
together,  
And walked to the house of  
God in the throng.

15 Let death seize them;  
Let them go down alive into  
hell,  
For wickedness is in their  
dwellings and among them.

16 As for me, I will call upon God,  
And the LORD shall save me.

17 Evening and morning and at  
noon  
I will pray, and cry aloud,  
And He shall hear my voice.

18 He has redeemed my soul in  
peace from the battle which  
was against me,  
For there were many against  
me.

19 God will hear, and afflict them,  
Even He who abides from of  
old. *Selah*

Because they do not change,  
Therefore they do not fear  
God.

20 He has put forth his hands  
against those who were at  
peace with him;  
He has broken his covenant.

21 The words of his mouth were  
smoother than butter,  
But war was in his heart;  
His words were softer than oil,  
Yet they were drawn swords.

22 Cast your burden on the LORD,  
And He shall sustain you;  
He shall never permit the  
righteous to be moved.

23 But You, O God, shall bring  
them down to the pit of  
destruction;  
Bloodthirsty and deceitful men  
shall not live out half their  
days;  
But I will trust in You.

PSALM 56

Prayer for Refuge from Tormentors

To the Chief Musician. Set to "The Silent  
Dove in the Flocks." A Michtam of  
David when the Philistines captured  
him in Gath.

BE merciful to me, O God,  
For my soul is ready to  
swallow me up;  
For my enemy will oppress  
me.

14 Ps. 42:4

15 Num. 16:  
30, 33 1Or  
Sheol

17 Dan. 6:10;  
Luke 18:1;  
Acts 3:1; 10:  
3, 30

18 2 Chr. 32:  
7, 8

19 Deut. 33:  
27

20 Acts 12:1  
bPs. 7:4  
1treaty

21 Ps. 28:3;  
57:4; 1Prov.  
5:3, 4; 12:18

22 Ps. 37:5;  
Matt. 6:  
25-34; Luke  
12:22-31;  
1 Pet. 5:7  
bPs. 37:24  
1shaken

23 Ps. 5:6  
bProv. 10:27

PSALM 56

Hille 1 Sam.  
21:11

1 Ps. 57:1

2 Ps. 57:3

4 Ps. 118:6;  
Is. 31:3;  
[Heb. 13:6]

8 [Mal. 3:16]

9 Ps. 118:6;  
Rom. 8:31

13 Ps. 116:8,  
9 bJob 33:30

PSALM 57

Hille 1 Sam.  
22:1

1 Ruth 2:12;  
Ps. 17:8; 63:7  
bIs. 26:20

14 Ps. 42:4

15 Num. 16:  
30, 33 1Or  
Sheol

17 Dan. 6:10;  
Luke 18:1;  
Acts 3:1; 10:  
3, 30

18 2 Chr. 32:  
7, 8

19 Deut. 33:  
27

20 Acts 12:1  
bPs. 7:4  
1treaty

21 Ps. 28:3;  
57:4; 1Prov.  
5:3, 4; 12:18

22 Ps. 37:5;  
Matt. 6:  
25-34; Luke  
12:22-31;  
1 Pet. 5:7  
bPs. 37:24  
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PSALM 56

Hille 1 Sam.  
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9 Ps. 118:6;  
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9 bJob 33:30

PSALM 57

Hille 1 Sam.  
22:1

1 Ruth 2:12;  
Ps. 17:8; 63:7  
bIs. 26:20

2 My enemies would hound me  
all day,  
For there are many who fight  
against me, O Most High.

3 Whenever I am afraid,  
I will trust in You.

4 In God (I will praise His word),  
In God I have put my trust;  
I will not fear.

What can flesh do to me?

5 All day they twist my words;  
All their thoughts are against  
me for evil.

6 They gather together,  
They hide, they mark my steps,  
When they lie in wait for my  
life.

7 Shall they escape by iniquity?  
In anger cast down the  
peoples, O God!

8 You number my wanderings;  
Put my tears into Your bottle;  
Are they not in Your book?

9 When I cry out to You,  
Then my enemies will turn  
back;

This I know, because God is  
for me.

10 In God (I will praise His word),  
In the LORD (I will praise His  
word),

11 In God I have put my trust;  
I will not be afraid.

What can man do to me?

12 Vows made to You are binding  
upon me, O God;

I will render praises to You,  
13 For You have delivered my  
soul from death.

Have You not delivered my feet  
from falling,  
That I may walk before God  
In the light of the living?

PSALM 57

Prayer for Safety from Enemies

To the Chief Musician. Set to "Do Not  
Destroy." A Michtam of David when he  
fled from Saul into the cave.

BE merciful to me, O God,  
Be merciful to me!

For my soul trusts in You;  
And in the shadow of Your  
wings I will make my refuge,  
Until these calamities have  
passed by.

2 I will cry out to God Most  
High,